Impact of Point-of-Care Testing on the Management of Sexually Transmitted Infections in South Africa: Evidence from the HVTN702 Human Immunodeficiency Virus Vaccine Trial

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Background. Alternative approaches to syndromic management are needed to reduce rates of sexually transmitted infections (STIs) in resource-limited settings. We investigated the impact of point-of-care (POC) versus central laboratory–based testing on STI treatment initiation and STI adverse event (STI-AE) reporting.

Methods. We used Kaplan-Meier and Cox regression models to compare times to treatment initiation and STI-AE reporting among HVTN702 trial participants in South Africa. *Neisseria gonorrhoeae* (NG) and *Chlamydia trachomatis* (CT) were diagnosed POC at eThekwini clinic and in a central laboratory at Verulam/Isipingo clinics. All clinics used POC assays for *Trichomonas vaginalis* (TV) testing.

Results. Among 959 women (median age, 23 [interquartile range, 21–26] years), median days (95% confidence interval [95% CI]) to NG/CT treatment initiation and NG/CT-AE reporting were 0.20 (.16–.25) and 0.24 (.19–.27) at eThekwini versus 14.22 (14.12–15.09) and 15.12 (13.22–21.24) at Verulam/Isipingo (all $P < .001$). Median days (95%CI) to TV treatment initiation and TV-AE reporting were 0.17 (.12–.27) and 0.25 (.20–.99) at eThekwini versus 0.18 (.15–.2) and 0.24 (.15–.99) at Verulam/Isipingo (all $P > .05$). Cox regression analysis revealed that NG/CT treatment initiation (adjusted hazard ratio [aHR], 39.62 [95%CI, 15.13–103.74]) and NG/CT-AE reporting (aHR, 3.38 [95%CI, 2.23–5.13]) occurred faster at eThekwini versus Verulam/Isipingo, while times to TV treatment initiation (aHR, 0.93 [95%CI, .59–1.48]) and TV-AE reporting (aHR, 1.38 [95%CI, .86–2.21]) were similar.

Conclusions. POC testing led to prompt STI management with potential therapeutic and prevention benefits, highlighting its utility as a diagnostic tool in resource-limited settings.

Keywords. sexually transmitted infections; point-of-care testing; central laboratory–based testing; treatment initiation; adverse event reporting.

Sexually transmitted infections (STIs) continue to affect large populations globally, despite the availability of effective treatment [1–4]. The World Health Organization (WHO) estimates that 374 million new infections of curable *Neisseria gonorrhoeae* (NG), *Chlamydia trachomatis* (CT), *Trichomonas vaginalis* (TV), and *Treponema pallidum* occur annually among adults aged 15–49 years worldwide, of which 63 million (16%) are recorded in the WHO-Africa region [5].

These curable STIs are associated with pelvic inflammatory disease, ectopic pregnancy, infertility, genital ulcerations, fetal and neonatal complications (including death) [2, 4, 6–8], and human immunodeficiency virus (HIV) transmission risk [9].

Many years after the introduction of syndromic management for STI care [10], the population-level STI burden remains high in sub-Saharan Africa (SSA) [5]. Syndromic management entails the identification of STI syndromes (eg, vaginal and urethral

discharge syndromes) and providing treatment to deal with the commonly suspected pathogens [1]. This approach has a low implementation cost and allows promptness in STI treatment, leading to its recommendation for resource-limited settings by the WHO in the 1990s [1]. However, due to the asymptomatic state of many STIs [1, 11, 12], particularly among women [13], and the low diagnostic accuracy of syndromic management [12, 14–16], high rates of untreated STIs and overuse of antibiotics [13] have been reported in most SSA settings [12, 14].

Diagnostic STI testing is arguably the best approach to management [17], but the gold standard, laboratory-based polymerase chain reaction (PCR) testing, usually has substantial operational costs and is hence less sustainable for resource-limited settings [1]. Moreover, central laboratory–based assays can cause delays in STI treatment initiation [18] due to long turnaround times for result availability [17, 19, 20]. Thus, a diagnostic method that possesses the strengths of diagnostic accuracy, prompt result turnaround, early treatment initiation or management, and cheaper operational costs would be ideal for clinical STI care in resource-limited settings.

Recent developments in diagnostic technologies have enabled an influx of potentially cheaper and more sensitive point-of-care (POC) assays for clinical care [21–23]. In South Africa, POC assays such as the Xpert CT/NG (Cepheid, Sunnyvale, California) and OSOM TV (Sekisui Diagnostics, Lexington, Massachusetts) have demonstrated high diagnostic sensitivity (NG = 100%, CT = 100%, TV = 75.0%) and specificity (NG = 100%, CT = 97.6%, TV = 100%) when compared to standard laboratory-based PCR assays [24]. Similar findings have been recorded with different POC assays globally [25, 26]. However, it is still unclear whether POC assays' real-time diagnosis strength practically translates into earlier STI management compared to central laboratory testing to inform policy in resource-limited settings. To our knowledge, no study in SSA has yet compared POC and laboratory-based diagnostic approaches to determine their impact on early STI treatment initiation or other management outcomes. Therefore, recent calls for healthcare systems in resource-limited settings to consider POC testing as an alternative diagnostic care solution [10–12, 23] lack evidence regarding the effectiveness of POC versus laboratory-based testing on prompt STI management.

The objective of this study was to determine the relative effects of POC versus central laboratory–based testing on times to STI treatment initiation and reporting of adverse events (AEs) that were STIs in a cohort of women and men followed prospectively for 3 years in a phase 2b/3 HIV vaccine trial in South Africa.

METHODS

Study Design, Population, and Setting

The randomized, double-blind, placebo-controlled HVTN702 trial was conducted between 2017 and 2020 to assess the efficacy of an ALVAC and bivalent subtype C gp120 HIV vaccine regimen adjuvanted with MF59 in South Africa. In brief, the trial enrolled 5400 HIV-negative adults aged 18–35 years. Of these, 2700 were assigned to vaccine and 2700 to placebo at 14 clinical research sites (CRSs). The HVTN702 vaccine regimen did not prevent HIV-1 acquisition [27].

This subanalysis included HVTN702 vaccine and placebo participants enrolled at 3 research clinics in eThekwini, Isipingo, and Verulam in KwaZulu-Natal province. These 3 clinics are based in the eThekwini metropolitan area, which ensured homogeneity of any unobserved structural factors that could confound the results. The eThekwini clinic is based in central Durban, while the Isipingo and Verulam clinics are located on the outskirts of Durban. STI testing and treatment were performed at enrollment and every 6 months afterward until study exit. The eThekwini CRS used POC assays, and the Isipingo and Verulam CRSs used a central laboratory–based system for NG/CT testing, but all 3 CRSs used POC assays for TV diagnosis. The HVTN702 trial was approved by the appropriate regulatory bodies in South Africa [27], and the Biomedical Research Ethics Committee of the University of KwaZulu-Natal, South Africa, approved this subanalysis (BREC/00003808/2022).

Study Measures and Assessments: STI Testing, Treatment Initiation, and STI-AE Reporting

Experienced trial staff at eThekwini CRS collected vaginal and cervical swabs or urine samples for CT and NG testing with the Xpert CT/NG POC assay operated on the GeneXpert system. At the Isipingo and Verulam CRSs, vaginal and cervical swabs or urine samples were transported on wet ice to a central laboratory at the South African Medical Research Council in Durban for NG/CT testing on the GeneXpert system. Specimen transport to the central laboratory was twice daily at midday and afternoon, and the results turnaround was within 72 hours from receipt of the sample. The OSOM TV assay was used for POC diagnosis of TV on collected vaginal and cervical swab samples among women. All STIs were appropriately treated based on the diagnostic test results.

HVTN702 trial participants were monitored for AEs, including AEs that were STIs. These were any AE with a confirmed diagnosis of NG, CT, or TV using a validated assay. We term these as "STI-AE(s)" throughout the manuscript. STI-AE reporting time was when the CRSs received the laboratory result. The CRSs reported all collected AEs to the trial's statistical and data management center using case report forms. All study events and timings for sample collection, treatment initiation, and STI-AE reporting were recorded based on quality assurance guidelines as part of the trial.

Statistical Analyses

All data analyses were conducted with Stata statistical package version 17 (StataCorp LLC, College Station, Texas) [28]. We

compared eThekwini CRS to Verulam/Isipingo CRSs on the study outcomes in women and men. First, we summarized and compared the demographic profiles of enrolled participants using χ^2 (for proportion) and rank-sum (for median) tests to ascertain baseline comparability. We then used χ^2 tests to compare the study outcomes, including the percentage of STI cases and times to STI treatment initiation and STI-AE reporting. We evaluated the impact of POC versus central laboratory–based testing on prompt STI treatment initiation and STI-AE reporting with time-to-event models.

The analysis time for all time-to-event models started at the time of sample collection and ended with study event occurrence (STI treatment initiation or STI-AE reporting) or censoring (study exit or the next sample collection observation during follow-up). We used the Kaplan-Meier estimate of the hazard function to compare trends in the cumulative probabilities of NG/CT treatment initiation and NG/CT-AE reporting with log-rank tests. We used Cox proportional hazard regression to determine the relative effects of POC compared to laboratory-based testing on times to NG/CT treatment initiation and NG/CT-AE reporting. We repeated the Kaplan-Meier and Cox regression analyses to compare times to TV treatment initiation and TV-AE reporting to confirm the consistency of the impact of POC testing on STI management since all CRSs used POC assays for TV testing. We performed a sensitivity analysis of the Cox models disaggregating all CRSs to identify any confounding of results due to aggregating Verulam and Isipingo CRS data.

The longitudinal design of HVTN702 yielded repeat STI testing observations per participant. We adjusted for repeated observations with robust estimation of standard errors and used Breslow method to account for tied survival times in all Cox regression models [29]. We evaluated the goodness-of-fit of the Cox regression models with proportional hazard tests using Schoenfeld residuals and adjusted models with time-varying covariate specifications when required [30, 31]. We used a 5% level of significance in all hypothesis tests.

RESULTS

Baseline Profile of Enrolled Women
A total of 959 women were enrolled and tested for STIs (NG, CT, and TV) over a median of 4 visits (interquartile range [IQR], 3–5) between March 2017 and June 2020 (median follow-up, 2.3 [IQR, 1.7–2.9] years). The baseline demographic details and STI prevalence stratified by CRS are presented in Table 1. The median age was 23 (IQR, 21–26) years, and 60.3% were <25 years old. Most women (96.4%) indicated being married or having a stable sexual partner. At enrollment into the trial, the prevalence of NG, CT, and TV were 3.3%, 19.8%, and 4.7%, respectively. Baseline characteristics of women across clinics were similar according to age categories,

educational status, race/ethnicity, and STI (NG, CT, and TV) prevalence (all $P > .05$).

Overall STI Testing, Incidence, Prevalence, Treatment Initiation, and STI-AE Reporting Among Women
The total number of STI tests performed during the trial, incidence, the percentage of positive cases, the corresponding percentage of treatment initiation, and STI-AE reporting are shown in Table 2. The overall percentage of NG, CT, and TV cases during follow-up were 3.7%, 13.5% and 3.1%, respectively. Of those diagnosed with NG, CT, and TV, 76.9%, 94.2%, and 89.7% received appropriate treatment, respectively. Some participants who were unable to wait for results did not receive treatment in the trial because they never returned for follow-up. Furthermore, 72.0%, 65.4%, and 58.1% of NG, CT, and TV diagnoses were reported as AEs. STI incidence, percentage of cases, the percentage of treatment initiations, and STI-AEs reported were similar across CRSs (all $P > .05$).

NG/CT treatment initiation and NG/CT-AE reporting were faster at eThekwini than Verulam/Isipingo CRSs (all $P < .05$). Most NG/CT cases (92.4%) at eThekwini CRS received appropriate treatment on the day of testing compared to 1.2% at Verulam/Isipingo CRSs ($P < .001$). The 7.6% of NG/CT-positive participants at the eThekwini clinic who did not initiate treatment on the day of testing were unable to wait for results but returned for treatment at a future study visit. At Verulam/Isipingo CRSs, the non-same-day NG/CT treatment initiations occurred within 2–7 days (7.0%), 8–14 days (36.6%), and after 14 days (55.2%) of sample collection.

Furthermore, 98.5% NG/CT-AEs were reported on the day of testing at eThekwini compared to 4.8% at Verulam/Isipingo CRSs ($P < .001$). At Verulam/Isipingo CRSs, the non-same-day NG/CT-AEs were reported within 2–7 days (30.9%), 8–14 days (37.1%), and after 14 days (27.2%) of sample collection. The timings of TV treatment initiation and TV-AE reporting were similar at all CRSs. Overall, 99.1% of TV treatment initiations (eThekwini, 100% vs Verulam/Isipingo, 98.7%; $P = .554$) and 100% TV-AE reporting (eThekwini, 100% vs Verulam/Isipingo, 100%) occurred on the day of testing. In addition, more NG/CT treatments were initiated during scheduled visits at eThekwini CRS compared to Verulam/Isipingo CRSs (91.8% vs 62.2%; $P < .001$). In contrast, the percentage of TV treatment initiations at scheduled visits was similar across CRSs (eThekwini, 100% and Verulam/Isipingo, 93.6%; $P = .178$).

Impact of POC Versus Central Laboratory–Based Testing on Time to STI Treatment Initiation Among Women
The impact of POC testing compared to central laboratory–based testing on trends in the cumulative probability of STI treatment initiation in women is shown in Figure 1A and 1C. Over 9781.0 person-days of observation, 572 NG/CT

Table 1. Baseline Demographic Characteristics of Enrolled Women, Stratified by Clinical Research Site

Variable	Category	Total (N = 959)	Verulam/Isipingo[a] CRSs (n = 699)	eThekwini[b] CRS (n = 260)	P Value
Age, y	Median (IQR)	23 (21–26)	23 (21–27)	23 (21–26)	.040
Age group, y	18–24	60.3 (578/959)	58.7 (410/699)	64.6 (168/260)	.083
	25–34	31.6 (303/959)	33.6 (235/699)	26.2 (68/260)	
	≥35	8.1 (78/959)	7.7 (54/699)	9.2 (24/260)	
School level completed	High school	61.8 (592/958)	61.7 (431/698)	61.9 (161/260)	.994
	Primary school	37.8 (362/958)	37.8 (264/698)	37.7 (98/260)	
	No schooling	0.4 (4/958)	0.4 (3/698)	0.4 (1/260)	
Married/stable partner	Yes	96.4 (889/922)	97.3 (651/669)	94.1 (238/253)	.018
Race/ethnicity	Black	99.6 (955/959)	99.4 (695/699)	100.0 (260/260)	.474
	White	0.3 (3/959)	0.4 (3/699)	0.0 (0/260)	
	Indian	0.1 (1/959)	0.1 (1/699)	0.0 (0/260)	
NG	Prevalence	3.3 (31/954)	3.5 (24/694)	2.7 (7/260)	.552
CT	Prevalence	19.8 (189/956)	20.6 (143/696)	17.7 (46/260)	.324
NG/CT	Prevalence	21.4 (205/958)	22.4 (156/698)	18.9 (49/260)	.240
TV[c]	Prevalence	4.7 (44/946)	5.1 (35/691)	3.5 (9/255)	.320

Data are presented as percentage (No.). Denominators that do not equal sample sizes are due to missing data. Percentages may not sum to 100 because of rounding.

Abbreviations: CRS, clinical research site; CT, *Chlamydia trachomatis*; IQR, interquartile range; NG, *Neisseria gonorrhoeae*; TV, *Trichomonas vaginalis*.

[a]Central laboratory–based testing for NG/CT was conducted at the Isipingo and Verulam CRSs.

[b]Point-of-care testing for NG/CT was conducted at the eThekwini CRS.

[c]All CRSs used point-of-care assays for TV testing.

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treatments were initiated for 612 NG/CT cases (40 received no treatment in the trial due to loss to follow-up). Figure 1A illustrates that NG/CT treatment initiation occurred faster at eThekwini (median days, 0.20 [95% confidence interval {CI}, .16–.25]) compared to Verulam/Isipingo CRSs (median days, 14.22 [95% CI, 14.12–15.09]) ($P < .001$). In contrast, Figure 1C displays a near-perfect overlap in time to TV treatment initiation with 0.17 (95% CI, .12–.27) median days at eThekwini CRS versus 0.18 (95% CI, .15–.20) at Verulam/Isipingo CRSs ($P = .704$).

Based on the Cox proportional hazard regression results in Table 3, the time to NG/CT treatment initiation was 39 times faster with POC testing at eThekwini CRS compared to laboratory-based testing at Verulam/Isipingo CRSs (adjusted hazard ratio [aHR], 39.62 [95% CI, 15.13–103.74]; $P < .001$), while there was no difference in the time to TV treatment initiation across the CRSs (aHR, 0.93 [95% CI, .59–1.48]; $P = .770$) after adjusting for demographic variables and study visit type. Older women (≥35 years) compared to younger women (18–24 years) were more likely to receive NG/CT treatment (aHR, 1.51 [95% CI, 1.12–2.06]; $P = .008$).

Impact of POC Versus Central Laboratory–Based Testing on Time to STI-AE Reporting Among Women

The impact of POC compared to central laboratory–based testing on STI-AE reporting trends among women is illustrated in Figure 1B and 1D. Of the 612 NG/CT cases, 404 NG/CT-AEs were reported during 28 487.7 person-days of observation (208 were not confirmed as AEs). Figure 1B shows that the trend in NG/CT-AE reporting was faster at eThekwini CRS

(median days, 0.24 [95% CI, .19–.27]) compared to Verulam/Isipingo CRSs (median days, 15.12 [95% CI, 13.22–21.24]) ($P < .001$). In contrast, Figure 1D shows no difference in TV-AE reporting trends between eThekwini CRS (median days, 0.25 [95%CI, .20–.99]) and Verulam/Isipingo CRSs (median days, 0.24 [95% CI, .15–.99]) ($P = .388$).

The Cox proportional hazard regression results in Table 4 shows that NG/CT-AE reporting was 3.38 times faster with POC testing at eThekwini CRS compared to laboratory-based testing at Verulam/Isipingo CRSs (aHR, 3.38 [95% CI, 2.23–5.13]; $P < .001$), while there was no significant difference in the time to TV-AE reporting (aHR, 1.38 [95% CI, .86–2.21]; $P = .183$) between CRSs, after adjusting for demographic variables, and study visit type.

Sensitivity Analysis With Disaggregated CRSs and Analysis in Men

The Cox regression sensitivity analysis of disaggregated CRSs showed identical outcomes between Verulam and Isipingo CRSs (Supplementary Tables 1 and 2). Furthermore, supplementary analysis among men for CT/NG treatment initiation and AE reporting showed identical findings as in women (Supplementary Tables 3–6 and Supplementary Figure 1).

DISCUSSION

This study tested the hypothesis that POC testing leads to prompt STI management compared to centralized laboratory-based testing among participants from higher-risk communities for STIs in South Africa. We found that NG/CT treatments were

Table 2. Overall Sexually Transmitted Infection (STI) Tests, Incidence, Positive Cases, Treatment Initiation, and STI Adverse Event Reporting, Stratified by Clinical Research Site

Variable	Category	Total (N = 959)	Verulam/Isipingo[a] CRSs (n = 699)	eThekwini[b] CRS (n = 260)	P Value
NG	Incidence[c]	6.7 (122/1822.9)	6.2 (80/1305.9)	8.2 (42/517)	.143
CT	Incidence[c]	24.8 (364/1471.5)	25.7 (268/1045.8)	22.6 (96/425.7)	.283
NG/CT	Incidence[c]	28.8 (406/1414.0)	29.7 (298/1005.2)	26.5 (108/408.8)	.305
TV[d]	Incidence[c]	4.9 (89/1847.1)	5.2 (67/1310.7)	4.2 (22/536.4)	.374
NG	Positive	3.7 (143/3830)	3.4 (91/2692)	4.6 (52/1138)	.076
CT	Positive	13.5 (518/3828)	13.8 (371/2692)	12.9 (147/1136)	.487
NG/CT	Positive	16.0 (612/3838)	16.0 (432/2700)	15.8 (180/1138)	.888
TV	Positive	3.1 (117/3784)	3.3 (87/2656)	2.7 (30/1128)	.317
NG	Treatments initiated	76.9 (110/143)	80.2 (73/91)	71.2 (37/52)	.216
CT	Treatments initiated	94.2 (488/518)	93.3 (346/371)	96.6 (142/147)	.143
NG/CT	Treatments initiated	93.5 (572/612)	93.1 (402/432)	94.4 (170/180)	.526
TV	Treatments initiated	89.7 (105/117)	89.7 (78/87)	90.0 (27/30)	.957
Time to NG treatment initiation after sample collection	Same day	31.8 (35/110)	1.4 (1/73)	91.9 (34/37)	<.001
	2–7 d	6.4 (7/110)	6.9 (5/73)	5.4 (2/37)	
	8–14 d	30.9 (34/110)	45.2 (33/73)	2.7 (1/37)	
	After 14 d	30.9 (34/110)	46.6 (34/73)	0.0 (0/37)	
Time to CT treatment initiation after sample collection	Same day	27.9 (136/488)	1.5 (5/346)	92.3 (131/142)	<.001
	2–7 d	7.0 (34/488)	7.5 (26/346)	5.6 (8/142)	
	8–14 d	25.2 (123/488)	35.3 (122/346)	0.7 (1/142)	
	After 14 d	40.0 (195/488)	55.8 (193/346)	1.4 (2/142)	
Time to NG/CT treatment initiation after sample collection	Same day	28.3 (162/572)	1.2 (5/402)	92.4 (157/170)	<.001
	2–7 d	6.6 (38/572)	7.0 (28/402)	5.9 (10/170)	
	8–14 d	25.9 (148/572)	36.6 (147/402)	0.6 (1/170)	
	After 14 d	39.2 (224/572)	55.2 (222/402)	1.2 (2/170)	
Type of study visit at which NG/CT treatments were initiated	Scheduled	71.0 (406/572)	62.2 (250/402)	91.8 (156/170)	<.001
	Unscheduled	29.0 (166/572)	37.8 (152/402)	8.2 (14/170)	
Time to TV treatment initiation after sample collection	Same day	99.1 (104/105)	98.7 (77/78)	100.0 (27/27)	.554
	2–7 d	0.0 (0/0)	0.0 (0/0)	0.0 (0/0)	
	8–14 d	1.0 (1/105)	1.3 (1/78)	0.0 (0/27)	
	After 14 d	0.0 (0/0)	0.0 (0/0)	0.0 (0/0)	
Type of study visit at which TV treatments were initiated	Scheduled	95.2 (100/105)	93.6 (73/78)	100.0 (27/27)	.178
	Unscheduled	4.8 (5/105)	6.4 (5/78)	0.0 (0/27)	
NG-AEs reported	Yes	72.0 (103/143)	67.0 (61/91)	80.8 (42/52)	.078
CT-AEs reported	Yes	65.4 (339/518)	63.3 (235/371)	70.8 (104/147)	.110
NG/CT-AEs reported	Yes	66.0 (404/612)	63.0 (272/432)	73.3 (132/180)	.014
TV-AEs reported	Yes	58.1 (68/117)	56.3 (49/87)	63.3 (19/30)	.502
Time to NG-AE reporting after sample collection	Same day	44.7 (46/103)	8.2 (5/61)	97.6 (41/42)	<.001
	2–7 d	15.5 (16/103)	24.6 (15/61)	2.4 (1/42)	
	8–14 d	25.2 (26/103)	42.6 (26/61)	0.0 (0/42)	
	After 14 d	14.6 (15/103)	24.6 (15/61)	0.0 (0/42)	
Time to CT-AE reporting after sample collection	Same day	36.6 (124/339)	8.5 (20/235)	100 (104/104)	<.001
	2–7 d	22.4 (76/339)	32.3 (76/235)	0.0 (0/104)	
	8–14 d	23.9 (81/339)	34.5 (81/235)	0.0 (0/104)	
	After 14 d	17.1 (58/339)	24.7 (58/235)	0.0 (0/104)	
Time to NG/CT-AE reporting after sample collection	Same day	35.4 (143/404)	4.8 (13/272)	98.5 (130/132)	<.001
	2–7 d	21.0 (85/404)	30.9 (84/272)	0.8 (1/132)	
	8–14 d	25.0 (101/404)	37.1 (101/272)	0.0 (0/132)	
	After 14 d	18.6 (75/404)	27.2 (74/272)	0.8 (1/132)	
Type of study visit at which NG/CT-AEs were reported	Scheduled	97.5 (394/404)	97.1 (264/272)	98.5 (130/132)	.387
	Unscheduled	2.5 (10/404)	2.9 (8/272)	1.5 (2/132)	
Time to TV-AE reporting after sample collection	Same day	100.0 (68/68)	100.0 (49/49)	100.0 (19/19)	
	2–7 d	…	…	…	
	8–14 d	…	…	…	
	After 14 d	…	…	…	

Table 2. Continued

Variable	Category	Total (N = 959)	Verulam/Isipingo[a] CRSs (n = 699)	eThekwini[b] CRS (n = 260)	P Value
Type of study visit at which TV-AEs were reported	Scheduled	98.5 (67/68)	98.0 (48/49)	100 (19/19)	.530
	Unscheduled	1.5 (1/68)	2.0 (1/49)	0.0 (0/19)	

Incidence data are presented as incidence rate (number of new cases/PYs). The other data are presented as percentage (number of observations during follow-up including repeat testing/number of women). Denominators that do not equal sample sizes are due to missing data. Percentages may not sum to 100 because of rounding.

Abbreviations: AE, adverse event; CRS, clinical research site; CT, *Chlamydia trachomatis*; NG, *Neisseria gonorrhoeae*; PY, person-years; TV, *Trichomonas vaginalis*.

[a]Central laboratory–based testing for NG/CT was conducted at the Isipingo and Verulam CRSs.

[b]Point-of-care (POC) testing for NG/CT was conducted at the eThekwini CRS.

[c]Incidence rate was calculated as the number of new cases per 100 PYs.

[d]All CRSs used POC assays for TV testing.
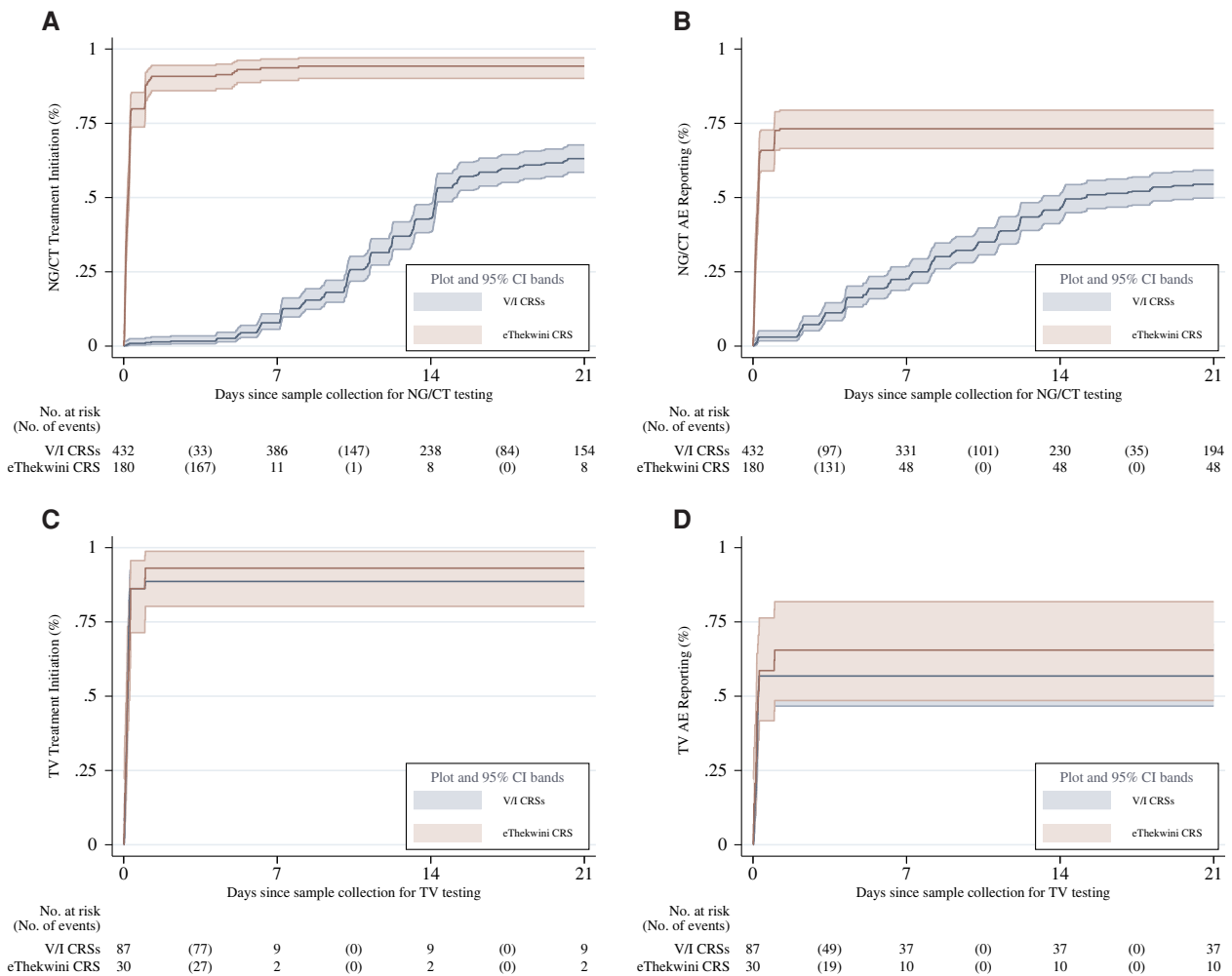
Figure 1. Kaplan-Meier cumulative probability graphs displaying the effects of point-of-care (POC) versus central laboratory–based testing on sexually transmitted infection (STI) treatment initiation and STI adverse event (AE) reporting after sample collection for testing among women. *A* and *B* compare the times to *Neisseria gonorrhoeae* (NG)/*Chlamydia trachomatis* (CT) treatment initiation and NG/CT-AE reporting between clinical research sites (CRSs) that used either POC (eThekwini) or central laboratory–based testing (Verulam and Isipingo [V/I]). *C* and *D* compare the same groups of CRSs on the times to *Trichomonas vaginalis* (TV) treatment initiation and TV-AE reporting tested with POC assays at all CRSs. Median time in days (95% confidence interval [CI]) and log-rank test *P* values: *A*, V/I CRSs, 14.22 (14.12–15.09), eThekwini CRS, 0.20 (.16–.25), *P* < .001. *B*, V/I CRSs, 15.12 (13.22–21.24), eThekwini CRS, 0.24 (.19–.27), *P* < .001. *C*, V/I CRS, 0.18 (.15–.20), eThekwini CRS, 0.17 (.12–.27), *P* = .704. *D*, V/I CRSs, 0.24 (.15–.99), eThekwini CRS, 0.25 (.20–.99), *P* = .388.

Table 3. Cox Proportional Hazard Regression for the Impact of Point-of-Care Versus Central Laboratory–Based Testing on Time to Sexually Transmitted Infection Treatment Initiation Among Women

Variable	Category	Model A: NG/CT Outcome			Model B: TV[a] Outcome		
		Treatments/PD	aHR (95% CI)	P Value	Treatments/PD	aHR (95% CI)	P Value
Age group, y	18–24	413/8913.7	1		55/1312.2	1	
	25–34	138/3080.6	1.02 (.83–1.25)	.840	37/174.9	1.48 (.96–2.29)	.075
	≥35	21/230.4	1.51 (1.12–2.06)	.008	13/4.4	1.05 (.65–1.68)	.844
School level completed	High school	354/7786.9	1		59/1208.1	1	
	Primary school	216/4341.4	1.16 (.45–2.98)	.753	44/460.3	0.99 (.66–1.47)	.955
	No school	2/96.4	1.21 (.47–3.13)	.689	2/0.3	0.96 (.61–1.51)	.863
CRS[b]	Verulam/Isipingo[c]	402/11 396.3	1		78/1124.0	1	
	eThekwini[d]	170/828.3	39.62 (15.13–103.74)	<.001	27/534.8	0.93 (.59–1.48)	.770
Study visit type at which STI treatments were initiated[b]	Scheduled	406/9430.6	1		100/1634.9	1	
	Unscheduled	166/2794.1	0.76 (.52–1.11)	.152	5/33.9	0.71 (.38–1.32)	.281

Denominators that do not equal the sample sizes are due to missing data.

Abbreviations: aHR, adjusted hazard ratio; CI, confidence interval; CRS, clinical research site; CT, *Chlamydia trachomatis*; NG, *Neisseria gonorrhoeae*; PD, person-days; STI, sexually transmitted infection; TV, *Trichomonas vaginalis*.

[a]All CRSs used point-of-care (POC) assays for TV testing.

[b]Variable specified as a time-varying covariate in Model A to satisfy proportional hazard assumption. Model B satisfied the proportional hazard assumption (Schoenfeld test P = .1570).

[c]Central laboratory–based testing for NG/CT was conducted at the Isipingo and Verulam CRSs.

[d]POC testing for NG/CT was conducted at the eThekwini CRS.

Table 4. Cox Proportional Hazard Regression for the Impact of Point-of-Care Versus Central Laboratory–Based Testing on Time to Sexually Transmitted Infection Adverse Event Reporting Among Women

Variable	Category	Model A: NG/CT Outcome			Model B: TV[a] Outcome		
		AEs Reported/PD	aHR (95% CI)	P Value	AEs Reported/PD	aHR (95% CI)	P Value
Age group in y	18–24	302/19 938.0	1		34/3567.4	1	
	25–34	94/7049.9	0.96 (.77–1.2)	.705	26/1453.8	1.53 (.96–2.43)	.074
	≥35	8/1499.9	0.46 (.22–.95)	.035	8/820.9	0.95 (.52–1.73)	.871
School level completed	High school	249/17 610.0	1		37/3705.0	1	
	Primary school	154/10 730.4	1.84 (.43–7.93)	.413	30/2096.3	1.79 (1.12–2.86)	.014
	No school	1/147.4	1.91 (.44–8.22)	.386	1/113.3	2.00 (1.36–2.93)	<.001
CRS[b]	Verulam/Isipingo[c]	272/22 453.1	1		49/4384.0	1	
	eThekwini[d]	132/6034.5	3.38 (2.23–5.13)	<.001	19/1461.8	1.38 (.86–2.21)	.183
Study visit type at which STI-AEs were reported	Scheduled	394/28 346.2	1		67/5914.4	1	
	Unscheduled	10/141.6	1.76 (1.22–2.54)	.002	1/0.3	0.99 (.67–1.46)	.960

Denominators that do not equal the sample sizes are due to missing data.

Abbreviations: AE, adverse event; aHR, adjusted hazard ratio; CI, confidence interval; CRS, clinical research site; CT, *Chlamydia trachomatis*; NG, *Neisseria gonorrhoeae*; PD, person-days; STI, sexually transmitted infection; TV, *Trichomonas vaginalis*.

[a]All CRSs used point-of-care (POC) assays for TV testing.

[b]Variable specified as a time-varying covariate in Model A to satisfy proportional hazard assumption. Model B satisfied the proportional hazard assumption (Schoenfeld test P = .4881).

[c]Central laboratory–based testing for NG/CT was conducted at the Isipingo and Verulam CRSs.

[d]POC testing for NG/CT was conducted at the eThekwini CRS.

initiated 39 times faster, and NG/CT-AEs reported 3.4 times faster, in women when POC testing was used. When we compared TV management, the POC testing effects extended to the research clinics that used central laboratory testing for NG/CT but POC testing for TV, indicating that the findings were due to testing modalities such as result turnaround times rather than other procedures or processes at the clinics. The incidence of STIs was consistent with results from another study among women in KwaZulu-Natal that reported 15 cases per 100 person-years for chlamydia, gonorrhea, syphilis, or trichomoniasis [32]. Therefore, our results highlight the importance of POC testing as a suitable and effective diagnostic care solution that can improve STI care outcomes and reduce disease burden in South Africa and other endemic resource-limited settings.

Some studies in SSA [33, 34] and globally [19, 20] have evaluated the effects of individual testing approaches (POC or

central laboratory based) on prompt STI treatment initiation, usually without reference to a gold standard. Consistent with our findings, a study in South Africa recorded 91.9% same-day STI (CT, NG, TV) treatment initiations with POC testing in women [33]. Another South African study found that despite the availability of 63.9% of CT-positive results within 72 hours after sample collection, treatment was only provided for 56% within 7 days, 92.2% within 14 days, and 97.5% within 28 days [19].

Our study has added evidence by determining the relative effects of the 2 current etiological testing approaches on prompt STI management. Based on the argument that the effectiveness of a diagnostic test depends on the likelihood of leading to early and accurate treatment [35], our findings suggest that POC testing is a clinically more effective approach to central laboratory–based testing for prompt STI management. Furthermore, our results underscore additional practical and potential cost implications for STI/HIV research institutions and health system stakeholders that could lead to a rethink of STI testing approaches. Same-day STI management reduced waiting times and return visits by 91.8%, simplified trial conduct, and benefited trial participants by preventing unnecessary clinic visits. Extrapolated to a healthcare system, the POC testing intervention could potentially reduce the burden on primary healthcare and STI clinics and result in healthcare savings while at the same time improving STI care [24, 36, 37]. Compared to the syndromic management approach, POC testing could also lead to prompt STI management with better diagnostic accuracy, reducing STI burden and related complications, reinfections, drug resistance, and the risk of HIV transmission.

Our study had some limitations. First, the HVTN702 trial population included a large proportion of women (70%) [27], which is why we focused the analysis on women. Nevertheless, the supplementary analysis confirmed almost identical results for men in the study. Second, our study did not retain the randomized design of the HVTN702 trial, as participants were randomized to receive a vaccine and not an STI testing approach. While baseline characteristics were broadly similar, we cannot rule out the effects of unmeasured confounding variables. However, the almost identical results of the early TV management with POC testing at all CRSs and the Cox regression sensitivity analyses that showed no difference in effect sizes between Verulam and Isipingo clinics further strengthen the validity of our findings.

In conclusion, POC testing led to prompt STI management in a trial setting in South Africa, where such evidence is most needed for decision making. Our study provides strong evidence to consider POC testing when strengthening STI care systems in resource-limited settings. However, cost, waiting times, diagnostic platforms, and error rates are essential practical issues when implementing POC testing for STI care, particularly in resource-limited settings. POC assays are not necessarily cheaper [38], but evidence shows that they are relatively cost-effective for STI care compared to standard laboratory-based approaches [22]. Furthermore, depending on the diagnostic platform and the larger volume of testing expected outside a research setting, waiting times could be prolonged with POC testing. Moreover, POC testing can be prone to errors since it is often conducted by nonlaboratory staff, and some studies have estimated error rates of up to 0.65%, mostly occurring at the analytical phase of the testing process [39]. Recognizing these potential practical challenges, the WHO developed the ASSURED (affordable, sensitive, specific, user-friendly, rapid, equipment-free, delivered) criteria [40] that describe key features of an ideal POC assay. To improve decision making in resource-limited settings, further evidence is needed on the feasibility and cost-effectiveness of POC testing models for STI care in underresourced rural and nontrial settings, as the 3 clinics in this study were well-resourced trial sites in central/urban areas conducive to the effortless implementation of POC testing.

Supplementary Data

Supplementary materials are available at *Clinical Infectious Diseases* online. Consisting of data provided by the authors to benefit the reader, the posted materials are not copyedited and are the sole responsibility of the authors, so questions or comments should be addressed to the corresponding author.

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